

LABOR'S MTC VIEWS

114 Poquonnock Rd, Groton, CT 06340

March 2021

Vol 43 No. 3

MTCNLC.ORG



Recently you may have received a "TEST" email from EB Benefits. The Company is testing the accuracy of personal email addresses. This is how you will be updated with COVID 19 Vaccine information. If you did not receive this email the Company does not have a good personal email address for you. You should log on to the Fidelity website, choose the ESS tab and update your personal information.

There has been much talk about PPE violations and the yellow cards. The policy for PPE violations has been around for at least 20 years and is an agreement that was made as part of Operation Safety. Without this agreement, people could be disciplined for the first PPE violation.

The MTC Officers, Safety Committee, and designated people from each Local will be attending OSHA 30 training. This is the same training the Company is taking. In an added effort to keep our members safe we want to know at

least as much as the Company and make sure they don't try to twist what they have learned.

There is currently an open position on the MTC Safety Committee. Appoint to this position is solely at my discretion. In an effort to get the best person for this position, I have asked each Local to recommend a person for this position. Each person will be rotated through this position, and depending on their performance will be invited to an interview, and then the best person will be selected.

We are continuing to and will continue to work to promote safe jobs and a safe workplace.

Please continue to wear a mask, cover your cough, socially distance and wash your hands.





LOCAL 106

CONDOLENCES

Our condolences go out to the family and friends of our retired sister Marie Metcalf.

Marie was our Local Recording Secretary and Shop Steward. She also held the office of OPEIU International Vice President during the 1970s. Marie was an Administrative Aide in the Inventory Control and Planning Departments for almost fifty years and retired in December of 2000. Her obituary noted that she passed away quietly in her sleep Tuesday Feb. 16, 2021. It was also noted that she was an artist whose lovely paintings grace the walls of many friends and relatives.

OPEIU SCHOLARSHIP APPLICATIONS NOW AVAILABLE

YOUR UNION CAN HELP YOU PAY FOR COLLEGE

APPLY BY MARCH 31

Applications now are being accepted for the 2021 OPEIU educational scholarships, and all members are encouraged to apply. Full details, rules and applications can be found at OPEIU.org under the Members Resources link, as well as on the OPEIU app.

DIGNITY AND RESPECT

These are the two words and actions you should think about when you are addressing any matters with coworkers or supervision. If there is any issue speak to your Union Steward.

WORKERS' MEMORIAL 28th

Orders for a personalized marker in memory of a family member will be available at the

Union hall. They will be placed at the Workers' Memorial site at Washington Park.

Please order by March 15 th .

INCREASE YOUR 401(K)

We recently received a General Wage Increase. This would be a great time to increase your 401(K) deduction. Years from now you will be thankful that you did this!!!!

OPEIU IDENTITY PROTECTION BENEFIT

The OPEIU Identify Protection Benefit has been enhanced with new services and stronger protections, including expanded coverage for your family.

OPEIU members and their families have access to a more comprehensive defense against identity theft through a new identity protection provider, Identity IQ (IDIQ), still at no cost to you.

The benefit features state-of-the-art identity and credit monitoring, checking account reporting, and full-service identity restoration that includes insurance and lost wallet assistance in cancelling and replacing credit cards. If you become a victim of identity theft, IDIQ's trained experts will help you restore your identity as close as possible to the level it was before the incident. This can save you hundreds of hours of your own time and productivity. It can also save you money. Visit: OpeiuIDProtect.com to enroll yourself and your family.

UNION MEETINGS

Union meetings are important and I encourage you to come and participate in the affairs of our Union. The monthly meetings normally lasts about 30 minutes and your participation will help to make this Union even stronger.

NEW HIRES YOU must stay on top of your insurance coverage. There are many choices for you to review and time limits for you to apply for these benefits. You are now eligible to join the insurance between days 0-30 of your date of hire. This is the only 30 days to execute access to the health plan. If you do nothing you will automatically get medical but will not receive dental, extra eye care, and additional life insurance. If you

are married or married with children, they will not be covered. It is important to enroll as soon as possible. Do not be late.

I suggest that you call to make arrangements for health insurance since all calls are recorded. In the past, there were problems with online enrollments. There are many options to choose or reject. Contact General Dynamics Service Center (1-888 432-3633) Monday – Friday 9am to 9pm. OR www.gdbenefit.com (24hrs/7days).

Any questions call EB Benefits: 860-433-4201 or Frank Ward, Union Insurance Representative: 860-501-3263.

www.opeiulocal106.org

Visit this site and search the many links of valuable information. The Media Center is one example that is updated by our International Union with new information on Union Benefits and current issues of interest.

LABOR’S VIEWS ON LINE

LABOR’S VIEWS may be seen on opeiulocal106.org and the new Metal Trades Council web site mtcnlc.org.

LABOR’S VIEWS is also accessible on EB computers link to the MTC website to Homeport.

“Weingarten” Rights

Visit: Youtube Weigarten Rights: Training for Shop

Stewards. Take ten minutes to see a brief video from OPEIU Local 8 about your rights.

If YOU are sent to SECURITY for any reason or are being questioned by MANAGEMENT, YOU should request a STEWARD YOU do not have to answer any questions until you have UNION REPRESENTATION.

THIS INCLUDES CRITIQUES, “DECKPLACE” OR ANY OTHER INVESTIGATION.

SAFETY SHOES

If you did not pick up your safety shoes last year you can get a more expensive pair this year with the money you did not use. Please do not forget. This is a benefit that has been negotiated for you and we want it to continue. You may now carry money over for one

year only in order to get a more expensive pair. Red Wing Shoes has a store in Groton and if you get your shoes there you will have to pay and bring them in to the Safety Dept. with a receipt in order to get your refund.

UNION COMMUNICATIONS

UNION STEWARDS: Howie Manuel 860-303-5982

Jeffery Jordan 860-574-5563

Arlene Allard x37797 2 nd Shift

Mark Cross x35569 3 rd Shift

Phone # 860-445-1216, FAX # 860-446-0175, E-mail prof.emp@snet.net .

(I do not get e-mails in the shipyard.)

opeiulocal106.org opeiu.org UnionPlus.org mtcnlc.org

If you change your home address, phone number, or e-mail do not forget to notify the Union.

MARCH UNION MEMBERSHIP MEETING

Monday, March 8, 2021, at 5:30 p.m. and will be held at the Union Hall, 171 Thames Street, Groton, Connecticut.

APRIL UNION MEMBERSHIP MEETING

Monday, April 12, 2021, at 5:30 p.m. and will be held at the Union Hall, 171 Thames Street, Groton, Connecticut.

Paul A. Bruno Jr.

President/Chief Steward





LOCAL 614

Dear Brothers and Sisters;

I hope everyone is doing well. We seem to have Covid 19 all around us. It's been nearly a year now and it seems to be worse in our area. A lot of knowledgeable people said the 2nd wave of a virus is always worse than the 1st wave. I believe this statement is true. We try to follow the CDC rules (if we can keep up with the constant changes). Please wear your mask, maintain social distance and wash your hands and keep your work spaces clean. Dr. Fauci is suggesting to wear 2 masks. WTF!!! Why don't we just strap a box of masks to our face then! I will follow sensible guidelines but you will lose faith in the system with foolish ideas.

At the February Executive Board meeting we voted to cancel the regular monthly meeting for March because of the CDC guidelines to reduce attendance from 25 people to only 15. We will have a meeting as soon as possible. We have a lot of Union business to attend too. The LEAP Convention in April to Washington DC has been cancelled. The 5 year Consolidated Convention held in Las Vegas this summer will now be held virtually. I will have more information on this shortly.

Covid 19 Vaccinations. No solid information when we will be getting them at the Shipyard or at the Subase. The demand is greater than the supply at the moment, plus unforeseen circumstances

such as the weather and silly bureaucratic issues.

I will be attending an OSHA 30 class in Westerly, RI with some of our stewards and MTC leadership. Safety and management already went to this. We are all onboard with having a safe place to work and I will let you know what I get out of it. They want to cycle more of our members through this. I will let you know what I learned from this class.

Stay safe my friends, I hope to see you at our Union meetings soon.

Sincerely,
Patrick Joyce
President

Buford's Family Restaurant



126 Poquonnock Road

Groton, CT 06340

860-446-1765

~Hours~

Mon: Closed, Tues-Fri: 6 to 1,

Sat-Sun: 6 to Noon



LOCAL 777

Our condolences go out to the family and friends of Dana Kenny, whom recently passed away. Dana was first hired into the Local in 1956 and retired out of NQC in 1992.

We have had a number of members who are having trouble with the new insurance regarding their HSA's and dependent information. For further reference, anyone going on line to enroll or update, make sure you always print out your information afterwards to pick up on any discrepancies. Also, you can talk to a representative to have them make your changes. This is also a good way because all the calls are recorded and it makes things a lot easier to fix if there is a problem. Remember, there are time limits on when you can enroll or make changes.

For our newer members- there are certain hand tools we are required to have, to do our jobs. Make sure you have them documented on a personal tool list, signed by management. If they are lost, stolen, or damaged, this is the only way we can get you reimbursed for them. That does not include power tools. We do not bring personal power tools in to the shipyard. Any power tool you might need, will be supplied by the

company. One reason is all power tools coming into the shipyard, have to be approved by safety because of possible fire and safety concerns. Each department has a suggested tool list every new hire is required to have. Ask your area Steward if you have any questions. I want to reemphasize a previous recommendation I have put out. No one should be using their personal phones for any company related business with their supervisor during working hours. If there is a need for a phone, then let the company provide one to you. If the need arises, and no phone is available, then let the fault fall on the company, not our members.



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\$475

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FEE REBATE***

\$50

**GAS CARD FOR A NEW
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- Special Gold Rates

FREE CONSULTATION with CHARTER OAK RETIREMENT and INVESTMENT SERVICES

For more details, visit CharterOak.org/content/EB or
see one of our Member Service Representatives today!

MEMBERS BANK BETTER.

Live, work or worship in New London
or Windham Counties? Join us.



CHARTER OAK
CREDIT UNION

CharterOak.org | 860.446.8085 | 800.962.3237

FEDERALLY INSURED BY NCUA



*Some restrictions may apply. [†]APY=Annual Percentage Yield.



FAMILY DENTAL CENTER

Vincent Antonelli, D.D.S.

Ted Malahias, D.D.S.

Sean Kim, D.D.S., FAGD

115 Bridge Street
Groton, CT 06340

446-8744

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MTC DENTAL PLAN**

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American Board of Oral

Implantology/Implant Dentistry

American Board of General Dentistry

Bruce Dougherty, D.D.S.

Danielle Green, D.M.D.

- General Dentistry
- Implants Placed and Restored
- Dentures - Same Day Service
- Relines and Repairs

1100 Poquonnock Rd., Groton

445-9765

Windham Dental Group

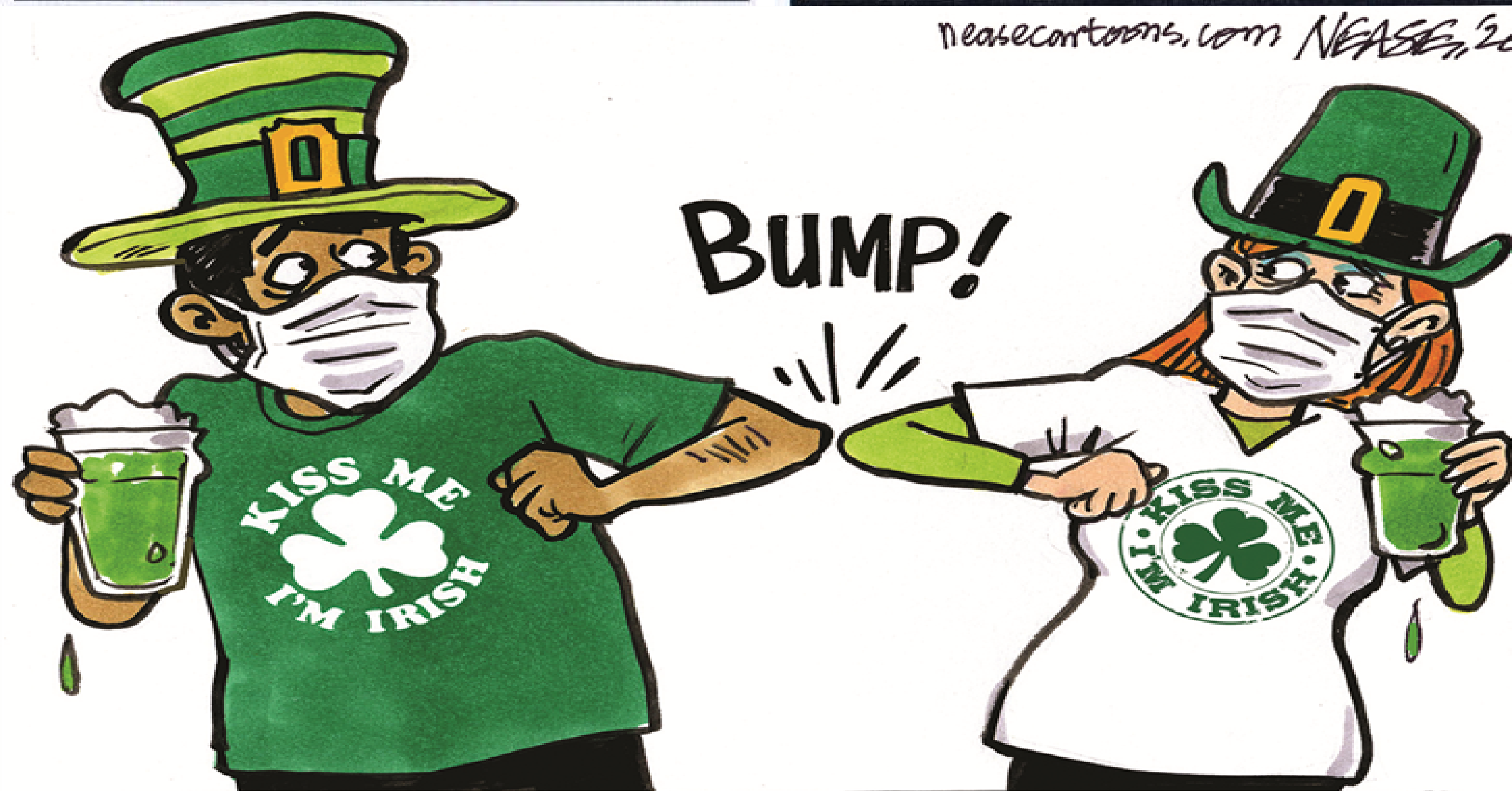
1671 West Main St., Willimantic

456-3153

WE PARTICIPATE IN
MTC DENTAL PLAN

Retiree's Are Accepted

neasecartoons.com NEASE '20





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- WORK RELATED CANCERS
- HEART ATTACKS
- VIBRATION DISEASES
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- BACK INJURIES

SECURITY CLEARANCE ■ GENERAL LITIGATION

EMBRYNEUSNER.COM   

860.449.0341 ■ info@embryneusner.com ■ 118 Poquonnock Road ■ Groton, CT 06340



Local 1871

Please note that if EB closes the shipyard during inclement weather, it will be posted on the eblanding website. Don't forget about the boot allowances. Some of you were able to carry over \$100 from last year's allowance but that will be all you can carry over so make sure to get your boots this year. \$200 is the max you can save.

Please take some time to check out the new MTC website mtcnlc.org because this is where you will be able to access our labor views from now on if you already haven't. If there is anything you would like to see added on there, please let them know.

Make sure to inform the union if you will be out of work for an extended amount of time or are retiring. The company does not relay this information to us.

If you are a Military Veteran, please see Christopher Wasilewski on first shift for any support.

New Members: Between days 0-30 days after your date of hire you must log onto the General Dynamics Service Center website at www.gdbenefits.com to enroll yourself, and your dependents, in the benefits package.

As always, do not forget to use the safety boot and eyeglass program that was negotiated by the MTC. A list of the different shoe manufacturers and times

that they will be outside the front gate is available. The eyeglass store is open on both the inside of the main gate and the outside entrance for your convenience, check bulletin boards for the times they are open. IMPORTANT: If you are put on notice, going to be disciplined, or sent to Security to give a statement of any kind, you have the right to have a steward present. Your first words should be, "I want to talk to a Steward".

Union Hall Phone Number: 860-445-8619
Stewards

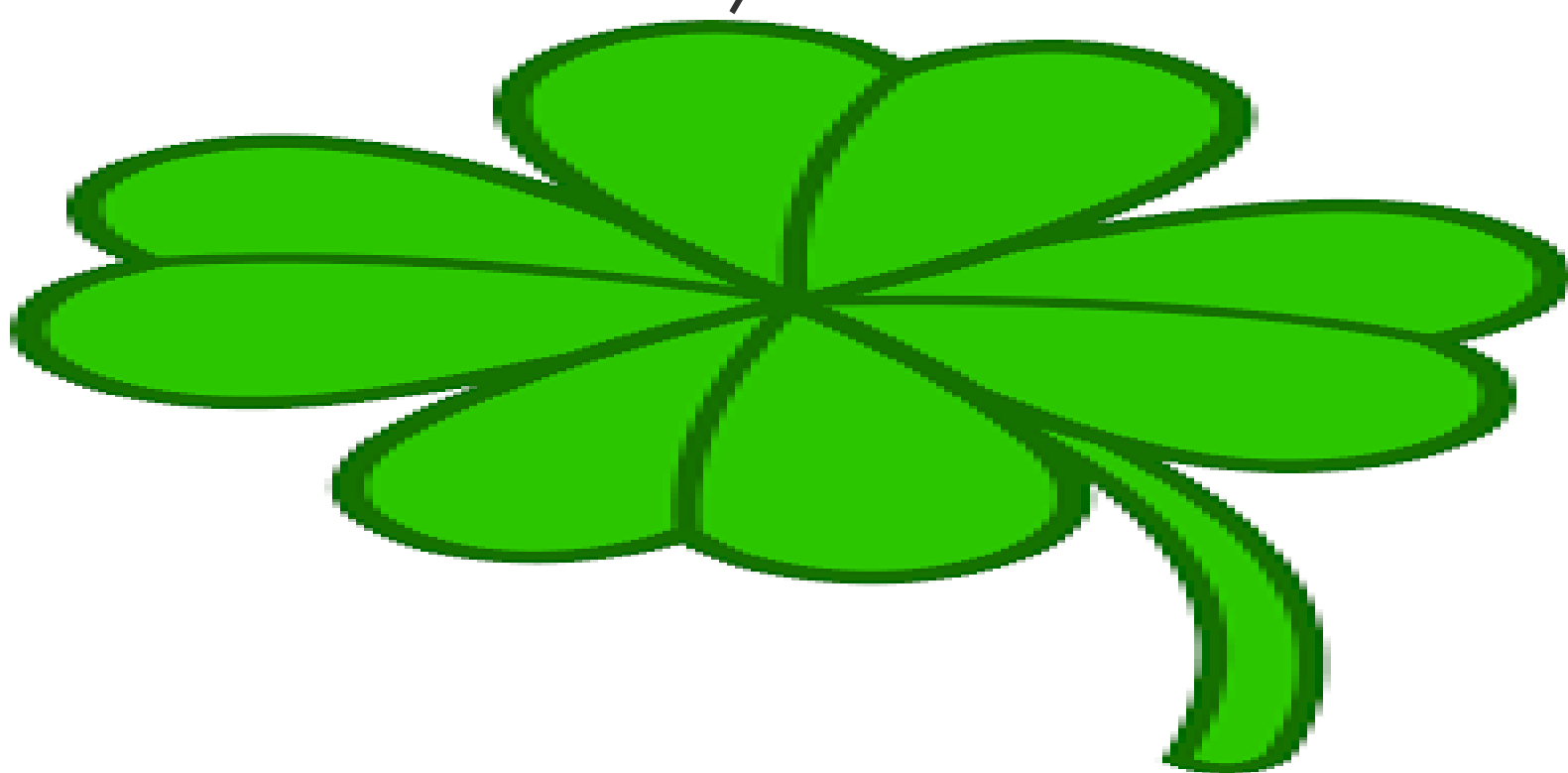
Chief Steward: James Spencer 860-705-2266
First Shift OSM: Bill Harris 860-510-8315
Mark Sousa 401-743-3033
Mike Fantacci 860-884-7339

First Shift Machine Shop: Michael Shell
Bill Dall 860-790-9136 860-303-0257
First Shift All Other Areas: Janet Orr 860-608-8528
Second Shift ISM: George Raposa JR 860-908-0002
Second Shift OSM: George Blanchette 860-908-4149
Bill Ericson 860-705-6739
Second Shift All Other Areas: James Marcy 860-617-8035
Third Shift All Areas: Josh Machamer 860-908-5052
United Way Contact: Janet Orr 860-608-8528

MEETING NOTICE:

Upcoming meeting will be March 11 th at 3:00 p.m. at 18 Pleasant St Groton, CT 06340.

Fraternally,
Jimmy Spencer
President/Chief Steward





Local 1122

I hope everyone has been safe during this winter season. As we move forward, please be sure to take ample precaution as you travel to and from work.

Retirement Announcement - I would like to wish a long and healthy retirement to Bruce McDaniels. We appreciate his hard work and dedication to Department 251 since 1977.

Painters Wanted - The sub base is looking for 4 – 6 painters to work the shipping port on 1 st shift from April to July. If you are interested, please contact your supervisor immediately.

Debit Card Replacement - If you happen to lose your Fidelity Health Savings Account (HSA) Debit Card, log onto FidelityDebitCard.com to request a new one.

Subbase NSSF and Shippingport Request Form : The Department will no longer survey, you will have to fill out a form. See your steward for this form.

Shift change request form: Once you have been offered to transfer and you refuse, you will be responsible to fill out new shift change request form.

BENEFITS : Ernest (TJ) Holley is our benefits rep. Any questions concerning benefits he will get the answer for you.

OVERTIME : Dennis Urquhart and Ron Ingves

are the overtime coordinators. Any questions concerning overtime you can question Ron. If he doesn't know the answer he will get it for you from me.

ROAD JOB LIST : Will be updated by myself, information will be sent to me as to who is going, who said no and who said yes, what job and place, start dates and end dates. All stewards will have a copy of the road job list.

STEWARDS : First shift Stewards: Allen Claar All Nuclear issues 813-300-9957, Ernest (TJ) Holly 860-538-1926, Ron Ingves 860-334-8141, Alternate Victor Delima 401-481-3947

Second shift Stewards: Chris Wilson 860-501-2304/860-961-2930, Alternates Elaine Key 860-460-7621 and Edwin Garay

IMPORTANT: Members who are out of work on any leave of absence such as Workers Compensation, Sedgwick short term disability insurance, FMLA, etc., it is your responsibility to pay your portion for medical, dental, and vision you can be dropped from your benefits if you don't keep up your payments.

SAFETY: Just a reminder that safety is everyone's concern. If you see an unsafe act you should report it to your Union Steward or M.T.C. Safety Steward. They will take the necessary actions to correct the situation. Phone # is 32811. Or the MTC 860-445-6383

If you are sent to Security for any reason or are being questioned by any Management, **YOU SHOULD REQUEST A STEWARD !!!**
REMEMBER, YOU HAVE THE RIGHT TO UNION REPRESENTATION, AND YOU DON'T HAVE TO ANSWER ANY QUESTIONS WITHOUT THIS REPRESENTATION.

Please don't forget to notify the Union Hall (860-442-8281) if you change your address, phone number, or name. We need to have the correct information!

When you notify the company of these changes they do not give the Union this new information. We appreciate your cooperation in this matter.

REMINDER: If you are out of work on compensation or accident & sickness insurance or any unpaid leave it is your responsibility to pay your dues. If your dues fall behind more than three months, your membership could be suspended. If you are out of work and have any questions regarding your dues, please call the Union Hall at 860-442-8281.

IMPORTANT: It is advised that you notify me one week in advance or as soon as you know when you will be returning to work from any Medical, Compensation or unpaid leave. The company doesn't know if you kept your dues paid up while you were out. It is important that I know your return date so I can submit a letter to the company to have your dues zeroed out under non collected. Once the company takes out your dues it will take me at least a month to return your money.

The monthly Union meeting of Painters' Local #1122 will be held every 4th Monday of each month at the Union Hall 597 Broad St., New London, Ct. at 7:00 PM. Second shift employees please give your foreman 24 hrs notice if you plan to attend the meeting. If you have any problems/issues to discuss, the union meeting is the place to do this. If I can be of any assistance to you, please don't hesitate to contact me. My numbers are as follows: 401-573-6956 and 860-941-1579 Email address: painters.union@snet.net
Thank you for your ongoing support.

Fraternally yours,
Dennis Urquhart
Chief Steward
Painters' Local #1122

Insurance Update

By now everyone that applied for an (HSA) Health Savings Account card should have received one. With your HSA card you can manage the financial needs concerning your health. You can pay for doctor bills, prescriptions, dental, eye doctor bills, and even a lot of over the counter drugs that the IRS says qualifies under a medical plan.

When using an HSA card for purchases it must be used for the purpose of you and your families health care needs. Nobody is going to be checking on what you buy or asking to see your receipts. The only time you will need to show receipts is if the IRS does an audit on you. That is why you have to save all receipts and all transactions when you use this card. Don't be tempted to buy a bag of chips or a loaf of bread at the local CVS. The transaction will go thru, but that's not how the HSA card was intended to be used and that

transaction is illegal under the law (IRS) (guidelines).

So please don't get your self in trouble with the law and save all your receipts in case you get a government audit. If you get caught there will be penalties fines and interest to be paid back.

Frank Ward
Union Insurance Representative

Cell (401)-499-9661 or (860)-501-3263



Local 493

REQUEST A STEWARD

If you are being sent to Security for any reason or are being questioned by management you have the right to have a Steward present. You do not have to answer any questions until you have union representation.

STEWARDS

1st Shift Steward

Keith Coppin 860-433-4657

Scott Harris 860-574-0208

1st Shift Alt

Scott Partosan 860-433-5816

2nd Shift Steward

John Ogden 860-433-4657

2nd Shift Alt

203-512-5959

SAFETY

Safety should be everyone's first priority when working in the shipyard. If you see something unsafe or are being asked to do something that you feel is unsafe please contact a steward for guidance.

You can also contact MTC Safety at 860-445-6383

Stay safe and keep up the good work!

May your New Year be filled with joy and success. I look forward to working together with

you guys in the upcoming year. Please stay safe and enjoy the holiday season with your loved ones and friends.

Best Wishes,

Robert Hill

Chief Steward

Teamsters Local 493

Phone List

Peter E. Baker

MTC President

445-6383

John Adamson

MTC Vice President

445-1277

Richard McCombs

Rec. Sec'y MTC

445-1277

Cat Race

Sec'y Treasurer

445-1277

George Nowosielski

Local 777

445-8170

Dennis Urquhart

Local 1122

445-1927

Richard (Chick) McCombs

Local 261

445-2224

Jim Spencer

Local 1871

445-8619

Patrick Joyce

Local 614

445-4973

Danny Sanchez

Local 547

448-2577

Robert Hill

Local 493

575-1384

Paul Bruno

Local 106

445-1216

Cat Race

Occup. Health &

Safety Comm

445-1277

Frank Ward

501-3263



Electric Boat Family Wellness Center

The EB Family Wellness Center provides a wide range of services including primary care, same day sick visits, and physical therapy with many services available at no cost.

- **Who is eligible to use the EB Family Wellness Center?**

All eligible employees and dependents age 2+ enrolled in an EB medical plan

- **What will it cost?**

All preventive services, including vaccines and your annual physical, are provided at no cost. Free blood pressure checks and visits with a condition management nurse are also available. Office visits with a medical provider are \$45 a visit and physical therapy services are \$25 a visit. Services will be billed to insurance and applied to your deductible.

- **Where is it located?**

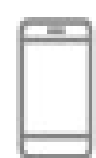
The EB Family Wellness Center is located on the second floor of 32 Chicago Ave, Groton, CT. The same building as the EB Family Pharmacy.



Monday – Thursday, 7 a.m. – 6 p.m.

Friday, 6 a.m. – 5 p.m.

Saturday, 8 a.m. – 1 p.m.



860-629-8272

www.ebfamilywellnesscenter.com

Your privacy is our priority.

Premise Health operates the EB Family Wellness Center and maintains all confidential medical information in accordance with federal requirements for medical privacy. No one at EB will have access to this information.

ELECTRIC BOAT

Family Wellness Center

Operated by Premise Health



Local 261

Union Meeting: The next regularly scheduled meeting of IBEW Local Union 261 will be held Tuesday March 9, 2021 2:45 P.M. at the IAM Lodge 1871 Union Hall located at 18 Pleasant Street. It is possible that some of the social distancing restrictions may be lifted but it will be essential to continue the social distancing and masks. We will have temperature Checks We will notify you if we have to cancel or reschedule the meeting.

It is with regret that I have to send our condolences to the Families of Jorge Lanes and William Ursini who passed unexpected. Our thoughts and prayers go out to their families. As I stated before this has been a very difficult year for all of us. The stress caused by this pandemic has and continues to be overwhelming. As “essential” workers we are fortunate to have an income but we still have the same issues as others trying to protect ourselves from coming in contact with a contagious person and expecting the phone call informing you of a love one being rush to the Emergency room. I have suggested crises counseling to be made available to all to help people cope. What we got was a program authorizing supervision to issue “yellow” tickets summoning you to HR for discipline. Instead of being able to receive that emergency call some shops have adopted a phone policy to have your phone secured in your

locker. I’m just thinking, let’s get through this COVID thing first and maybe our workload will increase and management will have schedules to meet and they can stop playing these silly games.

At the time of this writing there has been no definite information on the COVID vaccinations. In fact they actually stated that if you can get it somewhere else you should. We were told that when they start they will be using the State’s protocol by age for the selection.

The Company’s Short Term Disability administrator, Sedgwick continues to deny our member’s claims. Our members are forced to quarantine making them use up their entitlement

time. I wonder if that is their plan.

Last month I complimented the tenth floor for offering the incentive to us even though we didn’t meet the goals. I still agree that was a good thing. But the original agreement made to qualify for the total amount was unfair especially to our senior members. I will have a difficult time accepting similar language for the next incentive.

February hasn’t been the best month hopefully I will have some good things to report next month.

It is important that we work together and we work safe!

If we do, we can get through this.

Fraternally,

Richard McCombs

President / Business Manager



EB FAMILY PHARMACY DIMENSIONS PROGRAM

FREE diabetic prescription medications
and testing supplies

If you or anyone covered by your EB medical plan is diabetic, sign up with the EB Family Pharmacy's Dimensions program and receive free medications and testing supplies to manage your diabetes.

Sign up anytime at the EB Family Pharmacy, 32 Chicago Avenue, Groton, CT.

Questions about the program?
Contact the EB Family Pharmacy
at 888-578-3457.



MTC Safety Report

Painters - Boilermakers - Electricians - Laborers
Machinists - Opeiu - Pipefitters - Teamsters

Safety Report

Sorry to say people, I've been out on Covid-19 vacation from the end of January and to the beginning of February. I want to share this with you because it was not fun. I might be over the short term symptoms but the long term symptoms are just now rearing its ugly head. This is no joke. This is REAL.

I want to remind you that management is still taking names for people that are caught not wearing their PPE in designated areas. This isn't a new rule people. It's there for YOUR protection. You do know its progressive discipline don't you?

You get caught enough times you can get fired. This is not worth getting fired over. Wear your PPE. Since my Covid experience it is extremely hard for me to wear a mask, but I'd rather wear the mask then a tube down my throat.

Again I ask you all to use co-worker courtesy. If you see your co-worker without their PPE give them a kind reminder. No need for confrontation. A quick reminder, then walk away.

Let's look out for one another.

Remember
Think Positive
Test
Negative

Cat Race
1st Shift
860-405-4784

Gary Fontaine
1st Shift
860-326-4832

Dave Crowley
1st Shift
860-326-4729

Bill Zaks
2nd Shift
860-326-4353

Harry Weyant
2nd Shift
860-326-4341

Safety Office
860-433-2811
Metal Trades
445-6383/1277





Peter Baker
President

114 Poquonnock Road
Groton, Connecticut 06340
Tel: 860-445-1277
Fax: 860-449-8757
Email: metaltrades@snet.net

John Adamson
Vice President

RICHARD MCCOMBS
Recording Secretary

Catherine Race
Secretary Treasurer

METAL TRADES COUNCIL of New London County

Affiliated with the Metal Trades Department, AFL-CIO

If you have COVID-19 symptoms or have been exposed to someone who tested positive:

- 1. Stay Home**
- 2. Contact your Doctor or the Wellness Center (860-629-8272) and follow their direction**
- 3. File a COVID-19 Short Term Disability Claim with (1-800-416-1808) Sedgwick**
- 4. Notify The yard Hospital (860-433-3470)**
- 5. Notify Your Supervisor**
- 6. Complete Sedgewick COVID-19 short form (absence 14 days or less)**
- 7. Complete Sedgwick Forms and return them (Permission to obtain Medical information & Medical Work Leave Request) (absences more than 14 days)**
- 8. Wear a mask, socially distance, wash your hands often, Cover your cough**
- 9. If you have claim problems contact your union stewards.**